



Worthing CC COVID-19 Information Pack

The UK Government has now given the green light for recreational cricket in England to return from Saturday July 11. The latest update from the UK Government signals progression from Step 3 to Step 4 of [ECB's roadmap to return for the recreational game](#), meaning competitive cricket matches in England with adjustments to respect hygiene and social distancing would be permitted. Guidelines are already prepared for the return of recreational cricket and following the Prime Minister's comments, will now be finalised and published week commencing July 6th.

This document has been created to complement the content on our digital channels and bring together all the latest information about Covid-19 and the implications for our affiliated clubs. The situation with Coronavirus is fast-moving, and we recommend therefore that clubs continue to liaise with their respective leagues and to check other key sources of information including government, ECB and Sport England websites.

Reacting to the latest [Government Guidelines](#) around outdoor exercise, ECB published the their [latest communication](#) to clubs and leagues on Wednesday, July 7th.

All clubs are advised to read the guidance notes carefully and should not feel obliged to reopen their outdoor facilities if they feel unable to meet the full requirements. Further advice is available at the [GOV.UK](#) and [Sport England](#) websites, and clubs are encouraged to check these sites and the ECB website regularly, as the policy position is likely to change in due course and further changes to guidance will follow. Any questions specific to the guidance should be directed to enquiries@ecb.co.uk.

Summary guidelines for safe outdoor practice:

- For all activity, the relevant UK Government social distancing guidance should be adhered to at all times (including throughout warm-ups) except in the following limited circumstances during competitive play in England only where social distancing of 1m+ is permitted:
 - 1) wicket keepers standing up to the stumps
 - 2) distance between slip fielders.

**PLAN FOR SOCIALLY DISTANCED
CRICKET MATCHES IN ENGLAND**

Undergo a personal symptom check at home prior to matches. Stay at home and do not take part if you demonstrate any COVID-19 symptoms.

Use own equipment throughout where possible and clean bat when leaving field of play

No sweat or saliva is to be applied to the ball at any time. Hands and the ball should be cleaned at all breaks in play and every 6 overs

Players to remain socially distanced at all times (wicket keepers and slip fielders at 1m+)

Use of the clubhouse, changing rooms and toilets should adhere to the latest UK Government advice

Keep a record of all those in attendance at each session, including contact details

Social distancing should be maintained during wicket celebrations and drinks breaks

Batters are to run in distinct marked running lines to ensure they are not within 2m of the bowler or other batter

Groups limited to a maximum of 30 participants, including coaches and officials

- Cricket activity must take place outdoors only.
- 11-a-side cricket can return as long as groups are limited to a maximum of 30 participants, including coaches and officials.
- Participants should enter the site and prepare their personal equipment whilst maintaining social distancing.
- No sweat or saliva is to be applied to the ball at any time.
- All participants should sanitise their hands prior to the start of the activity.
- Hand-sanitiser should be used at all breaks in activity and prior to consuming any food or drinks.
- Where possible players should limit sharing of equipment. If they do, they must practice strict hand hygiene before and after use and the equipment must be cleaned before use by another person.
- In line with current UK Government guidance, clubs should not prepare food for participants. Individuals should bring their own food and drink for 'teas' or practice. Water bottles or other refreshment containers should not be shared.
- Clubhouses can be reopened in a limited way for operational reasons (e.g. for access to first aid equipment) or for toilet access (see below) but all communal areas including bar, changing rooms etc. are to remain closed for general use.
- Toilet facilities can be opened if the venue wishes, but particular care should be taken by those using them and those cleaning them. Where they are open, venues must ensure soap and water is provided and they are cleaned regularly.
- No indoor cricket activity at all.
- We recommend using your own equipment if possible. If equipment is being shared, please follow UK Government's guidance on the sharing of equipment. Players should stick to using one ball in training either by bringing their own or being assigned a numbered ball that is cleaned in between sessions.
- No saliva or sweat should be applied to the ball at any time.
- Wash hands at home before and after using the outdoor facilities. Bring your own hand sanitiser where possible.

ECB is clear that outdoor facilities should only reopen if those responsible for them are ready to do so and they can do so safely, following public health guidance, no club should reopen their outdoor facilities if they feel unable to meet the requirements.

For Clubs, you will need to have the following in place:

- Properly maintained facilities.
- A booking system for outdoor space or other means to manage access and demand.
- The capability to advise individuals when booking to check for symptoms of COVID-19 and in turn to advise individuals when booking that - in line with current Government guidance - if they are symptomatic, and/or living in a household with a possible COVID-19 infection, they should remain at home and follow Government guidance and if they are classified as extremely vulnerable then they should follow the Government guidance (found here).
- A sanitation procedure between use/bookings. An essential requirement is to clean potential points of transmission, so contact points (stumps, access points etc), or spillages of body fluid
- A representative of the club on site during the hours that the outdoor facilities are open for use.
- Closed signs should be displayed when facilities are not open (including where a club does not wish to or is not ready to reopen) to deter use by general public particularly where there is open access.
- Updated signage and access points.

For Individuals, you will need to:

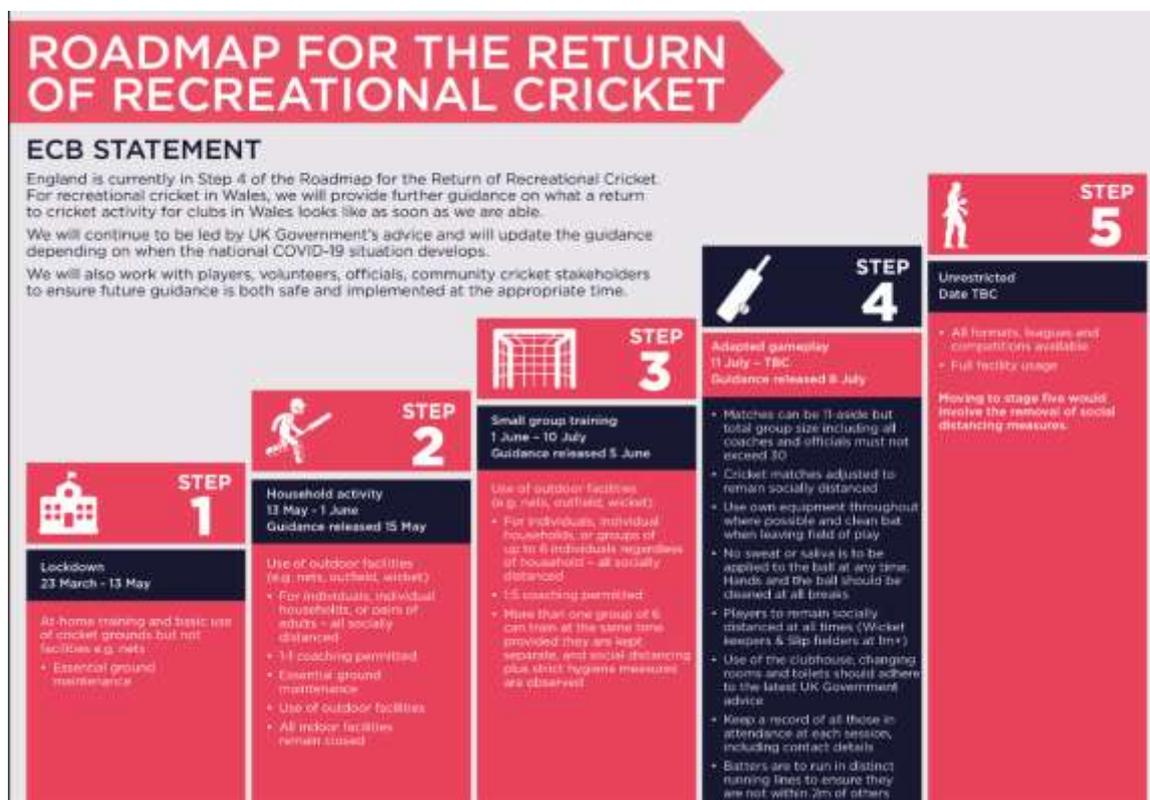
- Seek confirmation from the club that it has re-opened and make a booking.

- Check for symptoms of COVID-19. In line with current Government guidance, if you are symptomatic, and/or living in a household with a possible COVID-19 infection, you should remain at home and follow Government guidance.
- Follow UK Government guidance on shielding and protecting people who are clinically extremely vulnerable from COVID-19 if it applies to you.
- Avoid public transport if at all possible. ECB has provided detailed guidance on the preparation and administration of outdoor facilities for clubs, and guidelines for participation for individuals.

The situation is evolving constantly, and we will continue to update our guidance as more information becomes available. Further advice is available at the GOV.UK and Sport England websites. Please regularly check these sites and the updated ECB guidance as this policy position is likely to change over time and could also become more regionalised and localised as time progresses.

When will cricket return?

The ECB has identified five steps for the recreational game's proposed phased return in England this summer. England is now at [Step 4](#) which allows 11-a-side matches to be played. To read the Roadmap FAQs click [here](#).



With regards to 'competitive cricket,' all leagues are currently suspended some have begun to draw up plans for a restart if it is deemed 'safe and appropriate to do so'.

Guidance for the Safe re-opening of Clubhouses

As part of the move towards Step 4 of the Roadmap, the ECB has issued some [detailed guidance](#) for clubs on the safe re-opening of clubhouses and grounds. The guidance also includes information for those clubs that wish to open their bar and provide any food or drink facilities in accordance with UK Government guidance from 4th July. The guidance has been written to account for issues relating to clubs who manage or control entire facilities, but relevant sections can be applied by a club that partially manages or does not manage its own facilities.

Also included within the guidance is an [Action Checklist](#) and a COVID-19 [Risk Assessment](#) template,

which all clubs are asked to complete and upload to their websites at the earliest opportunity. The templates can be adapted to individual circumstances and used to inform discussions with your facility provider about safe opening (which may include discussions with Local Authorities or education providers).

COVID-19 PLAN FOR JUNIOR & OPEN-AGE CRICKET
 APPLICABLE TO PLAYERS, VOLUNTEERS, SPECTATORS, PARENTS, CLUBS, COACHES & OFFICIALS IN ENGLAND

This document provides measures that should be taken by players, clubs, and officials before, during and after all cricket activity. The document should be read in conjunction with latest UK Government guidance and if required, the full ECB Return to Cricket Plan for Step 4.

For all activity, UK Government social distancing guidance should be adhered to at all times. This document refers to current **plan for England** and could change in response to the current COVID-19 Alert Level or other UK Government advice.

BEFORE ACTIVITY	DURING ACTIVITY	AFTER ACTIVITY
<ul style="list-style-type: none"> • Check for symptoms of COVID-19. If you are symptomatic and/or living in a household with a possible COVID-19 infection you should remain at home and follow UK Government guidance. • Follow UK Government guidance on shielding and protecting people who are clinically extremely vulnerable from COVID-19 if it applies to you. • Personal hygiene measures should be carried out at home before and after cricket activity. • Bring your own hand sanitiser where possible and practice strong hand hygiene at all times. • Follow UK Government guidance on public transport or car sharing. • Use of the clubhouse, changing rooms and toilets should adhere to the latest UK Government advice. • For advice on reducing the risk of infection when outside your home please visit the 'Staying Safe Outside Your Home' pages on gov.uk. • Club representatives should ensure that the facility is compliant with current UK Government legislation including legislation and guidance related to COVID-19. A risk assessment should have been completed and risk mitigation measures put in place and monitored. • During all cricket, an attendance register is required with which includes contact details for contact tracing if required. • Any participants who have been asked to isolate by NHS Test and Trace must not exercise outside of their own home or garden and must not exercise with others. • Clubs should strictly limit the time spent congregating at a venue before activity begins. Heat-up times should reflect this. Participants should arrive changed and ready to begin if possible. 	<ul style="list-style-type: none"> • Groups limited to a maximum of 30 participants, including coaches and/or officials. • Participants enter the site and prepare whilst maintaining social distancing. • Limit the sharing of equipment, but if you do share, practise strict hand hygiene. • No sweat or saliva is to be applied to the ball at any time. • Hand sanitiser to be used at all breaks in activity and prior to any food or drinks. • Cricket activity must take place outdoors only. <p style="color: #e91e63; font-weight: bold; font-size: small;">Additional advice for match-play:</p> <ul style="list-style-type: none"> • Players to remain socially distanced at all times (wicket keepers & slip fielders at 3m+). • Umpires are not to handle the ball at any point of the game, leaving it at the stumps during breaks. • Batters to clean their bat when leaving the field of play. • A 'hygiene break' should take place every six overs or every 20 minutes and should include hand sanitisation and the cleaning of the ball. • Bowlers should not hand anything to the umpire. • Only one official allowed inside the scorers' box. <p>• Social distancing must always be maintained including during celebrations and breaks.</p> <ul style="list-style-type: none"> • The ball must be immediately returned to the bowler, not passed between players. • Batters are to run in distinct running lines to ensure they are not within 2m of the bowler or other batter. Lanes to be marked on the square. • In line with current UK Government guidance, clubs should not prepare food for participants. Individuals should bring their own food and drink for 'teas' or practice. Water bottles or other refreshment containers should not be shared. 	<ul style="list-style-type: none"> • Participants should exit whilst maintaining social distancing. • Social gathering after the activity is allowed in line with current UK Government guidelines on hospitality. • One club representative/volunteer should be responsible for collecting and disinfecting shared equipment. • Regular cleaning of equipment and the facility should take place, particularly between one group finishing and the next group starting. • Clubs should encourage all participants to report any infection of their household to the NHS Test and Trace system following use of the facility to limit the spread of the virus.

Covid-19 'Club Checklist'

Further to the above, and throughout the period of the lockdown, CCB provided some advice to clubs which is archive below:

Communication with Members

- Keep in regular contact with your members using Email, Club Website, Twitter, Facebook, Instagram, WhatsApp, Newsletters etc.
- Check the Sussex Cricket Board website / social media and forward any relevant links to members; likewise, with communications from junior and senior leagues
- Consider using conferencing apps to hold virtual club meetings and reach out to members of the club and local community, especially the vulnerable
- Here is a link to some of the [Best Conferencing Apps](#)

Managing temporarily closed / unoccupied buildings

- The ECB has now updated their guidance for managing vacant buildings during Covid-19.
- ECB-appointed broker Howden has also some advice and solutions to manage the increased risk to buildings during the pandemic.
- Please click [here](#) for further advice on these areas or visit Howden's dedicated COVID-19 information hub [here](#).

Utilities and other short-term savings

- Consider turning off gas, water, heating – especially if the club is shutting for a prolonged period. Can the club pause any payments in agreement your supplier?
- Sky Sports and other subscriptions – get in touch with your provider to suspend payment during the Covid-19 outbreak: <https://www.sky.com/help/articles/pause-sky-sports>
- Consider selling any stock that has a shelf life, e.g. bottled beers, cans, draught (kegs), crisps etc. Consider possible action to release these consumables to free up cash flow.
- Contact your insurers to discuss whether your current policy is appropriate during this period. Can payments be delayed or deferred? Does the policy cover 'loss of earnings'?

Together Through This Test



[Together Through This Test](#) is a nationwide campaign launched by ECB to shine a light on how the cricket family has reached out to local communities during COVID-19. The campaign highlights some of the unsung heroes from across the professional and recreational game as well as providing updates on, as well as launching new, cricket-led initiatives that the general public can get involved in to help support their local community.

More than 200 campaigns have already been launched across cricket in England and Wales from volunteers at local clubs embarking on long-distance charity runs to players, coaches and staff at first-class counties phoning members to check on their wellbeing.

ECB have also produced a video entitled 'The Wait' which has been narrated by cricket lover Stephen Fry. A link to the video can be found on the Together Through This Test [webpage](#).

On Monday, June 1st ECB launched the #raiseyourbat campaign to highlight the incredible work of key workers during Covid-19. More details can be found [here](#).

Keeping active during the lockdown

Those fortunate enough to have some practical outdoor space should take advantage of the links below, with drills and games that can be adapted and enjoyed by the whole family; don't be afraid to explore and share some of your favourites with us

- [All Stars Cricket: Activity Booklet](#)
- [Dynamos Cricket App](#)
- [Chance to Shine: At home activities](#)
- [BBC Super Movers](#)
- [Sport England: Stay in Work Out](#)
- [NHS Change 4 Life: Indoor Activities](#)



Mental Health and other online resources

It is important to keep in touch and look after your cricket community, be they players, volunteers, parents, or members. There are also a number of online resources that can help with mental health for your junior and senior members. Please use the following links to access them:

- <https://youngminds.org.uk/>
- <https://www.gov.uk/government/publications/covid-19-guidance-for-the-public-on-mental-health-and-wellbeing/guidance-for-the-public-on-the-mental-health-and-wellbeing-aspects-of-coronavirus-covid-19>

Other resources you may find useful to share with your membership during this time include:

- Government - <https://www.gov.uk/coronavirus>
- ECB - <https://www.ecb.co.uk/news/1648243/ecb-covid-19-announcements-and-updates>
- Sport England - <https://www.sportengland.org/news/coronavirus-information-sector>
- Open University courses - <https://www.open.edu/openlearn/free-courses/full-catalogue>
- Grow your coaching skills with UK Coaching - <https://www.ukcoaching.org/>